

## **Product information AMINO VIDA**

Amino Vida is an amino acid complex with all eight essential amino acids plus the semiessential amino acid arginine.

Amino Vida contains nine highly pure, free and crystalline amino acids in an optimal combination for the human body. The amino acids are derived from legumes, are vegan and free from any additives. Amino Vida contains almost no calories and is available to the body after a short time.

Amino Vida is produced, controlled and processed in Switzerland.

## **Advantages of Amino Vida**

Best bioavailability through micronisation and specially processed raw materials.

Mixtures tested by doctors and highest quality of raw materials without fillers or trickling agents.

Ideal for people with increased needs Amino Vida is ideal for people with an increased need for amino acids, for example

- during sports or other physical strain,
- for vegetarian or vegan diets,
- for special dietary feeding programmes,
- for the supplementary intake of essential amino acids.

## Recommended intake

Take 6- 10 tablets daily, preferably 30 minutes before physical activity.

#### Instructions for use

This product is not a substitute for a varied, balanced diet, fresh fruit and vegetables and a healthy lifestyle. Store in a cool, dry place and out of reach of children.

Do not exceed the recommended consumption

### Minimum shelf life

36 months

#### Ingredients

1 Tablet contains:

- 92 mg L-Leucin
- 82 mg L-Valin
- 69 mg L-Isoleucin
- 69 mg L-Lysin
- 63 mg L-Phenylalanin
- 56 mg L-Threonin
- 35 mg L-Methionin
- 22 mg L-Arginin
- 15 mg L-Tryptophan

Nutritional values   100 g   16 Pressling (8 g)     Energy   10 kcal /40 kJ   0.8 kcal / 3.2 kJ     Fat   0 g   0 g     Cabohydrates   0 g   0 g     Fibres   0 g   0 g     Protein   0 g   0 g     Salt   0 g   0 g     L-Leucin   18.75 g   1.5 g     L-Valin   16.25 g   1.3 g     L-Isoleucin   13.75 g   1.1 g     L-Lysin   13.75 g   1.1 g     L-Phenylalanin   12.5 g   1 g     L-Threonin   10 g   0.8 g     L-Methionin   7.5 g   0.6 g     L-Arginin   3.75 g   0.3 g     L-Tryptophan   3 g   0.24 g			
Energy   10 kcal /40 kJ   0.8 kcal / 3.2 kJ     Fat   0 g   0 g     Cabohydrates   0 g   0 g     Fibres   0 g   0 g     Protein   0 g   0 g     Salt   0 g   0 g     L-Leucin   18.75 g   1.5 g     L-Valin   16.25 g   1.3 g     L-Isoleucin   13.75 g   1.1 g     L-Lysin   13.75 g   1.1 g     L-Phenylalanin   12.5 g   1 g     L-Threonin   10 g   0.8 g     L-Methionin   7.5 g   0.6 g     L-Arginin   3.75 g   0.3 g			
Fat   0 g   0 g     Cabohydrates   0 g   0 g     Fibres   0 g   0 g     Protein   0 g   0 g     Salt   0 g   0 g     L-Leucin   18.75 g   1.5 g     L-Valin   16.25 g   1.3 g     L-Isoleucin   13.75 g   1.1 g     L-Lysin   13.75 g   1.1 g     L-Phenylalanin   12.5 g   1 g     L-Threonin   10 g   0.8 g     L-Methionin   7.5 g   0.6 g     L-Arginin   3.75 g   0.3 g	Pro:	100 g	16 Pressling (8 g)
Cabohydrates   0 g   0 g     Fibres   0 g   0 g     Protein   0 g   0 g     Salt   0 g   0 g     L-Leucin   18.75 g   1.5 g     L-Valin   16.25 g   1.3 g     L-Isoleucin   13.75 g   1.1 g     L-Lysin   13.75 g   1.1 g     L-Phenylalanin   12.5 g   1 g     L-Threonin   10 g   0.8 g     L-Methionin   7.5 g   0.6 g     L-Arginin   3.75 g   0.3 g	Energy	10 kcal /40 kJ	0.8 kcal / 3.2 kJ
Fibres   0 g   0 g     Protein   0 g   0 g     Salt   0 g   0 g     L-Leucin   18.75 g   1.5 g     L-Valin   16.25 g   1.3 g     L-Isoleucin   13.75 g   1.1 g     L-Lysin   13.75 g   1.1 g     L-Phenylalanin   12.5 g   1 g     L-Threonin   10 g   0.8 g     L-Methionin   7.5 g   0.6 g     L-Arginin   3.75 g   0.3 g	Fat	0 g	0 g
Protein   0 g   0 g     Salt   0 g   0 g     L-Leucin   18.75 g   1.5 g     L-Valin   16.25 g   1.3 g     L-Isoleucin   13.75 g   1.1 g     L-Lysin   13.75 g   1.1 g     L-Phenylalanin   12.5 g   1 g     L-Threonin   10 g   0.8 g     L-Methionin   7.5 g   0.6 g     L-Arginin   3.75 g   0.3 g	Cabohydrates	0 g	0 g
Salt   0 g   0 g     L-Leucin   18.75 g   1.5 g     L-Valin   16.25 g   1.3 g     L-Isoleucin   13.75 g   1.1 g     L-Lysin   13.75 g   1.1 g     L-Phenylalanin   12.5 g   1 g     L-Threonin   10 g   0.8 g     L-Methionin   7.5 g   0.6 g     L-Arginin   3.75 g   0.3 g	Fibres	0 g	0 g
L-Leucin 18.75 g 1.5 g   L-Valin 16.25 g 1.3 g   L-Isoleucin 13.75 g 1.1 g   L-Lysin 13.75 g 1.1 g   L-Phenylalanin 12.5 g 1 g   L-Threonin 10 g 0.8 g   L-Methionin 7.5 g 0.6 g   L-Arginin 3.75 g 0.3 g	Protein	0 g	0 g
L-Valin 16.25 g 1.3 g   L-Isoleucin 13.75 g 1.1 g   L-Lysin 13.75 g 1.1 g   L-Phenylalanin 12.5 g 1 g   L-Threonin 10 g 0.8 g   L-Methionin 7.5 g 0.6 g   L-Arginin 3.75 g 0.3 g	Salt	0 g	0 g
L-Isoleucin 13.75 g 1.1 g   L-Lysin 13.75 g 1.1 g   L-Phenylalanin 12.5 g 1 g   L-Threonin 10 g 0.8 g   L-Methionin 7.5 g 0.6 g   L-Arginin 3.75 g 0.3 g	L-Leucin	18.75 g	1.5 g
L-Lysin 13.75 g 1.1 g   L-Phenylalanin 12.5 g 1 g   L-Threonin 10 g 0.8 g   L-Methionin 7.5 g 0.6 g   L-Arginin 3.75 g 0.3 g	L-Valin	16.25 g	1.3 g
L-Phenylalanin   12.5 g   1 g     L-Threonin   10 g   0.8 g     L-Methionin   7.5 g   0.6 g     L-Arginin   3.75 g   0.3 g	L-Isoleucin	13.75 g	1.1 g
L-Threonin   10 g   0.8 g     L-Methionin   7.5 g   0.6 g     L-Arginin   3.75 g   0.3 g	L-Lysin	13.75 g	1.1 g
L-Methionin   7.5 g   0.6 g     L-Arginin   3.75 g   0.3 g	L-Phenylalanin	12.5 g	1 g
L-Arginin 3.75 g 0.3 g	L-Threonin	10 g	0.8 g
-	L-Methionin	7.5 g	0.6 g
L-Tryptophan 3 g 0.24 g	L-Arginin	3.75 g	0.3 g
	L-Tryptophan	3 g	0.24 g

# Quantity

Net content 120 g 240 tablets with each 500 mg Amino Acids.

PZN DE Pharmacode CH **PZN AT** 6826014 13913848 4596337

















